

- 1 DELAYED SWORD
- 2 ALTERNATING MACES
- 3 SWORD OF DESTRUCTION
- 4 DEFLECTING HAMMER
- 5 CAPTURED TWIGS
- 6 GRASP OF DEATH
- 7 CHECKING THE STORM
- 8 MACE OF AGGRESSION
- 9 ATTACKING MACE
- 10 SWORD AND HAMMER

BLOCKING SET 1 SHORT 1

SHORT 1 LONG FORM 1 KICKING SET 1

- 1 CLUTCHING FEATHERS
- 2 TRIGGERED SALUTE
- 3 DANCE OF DEATH
- 4 THRUSTING SALUTE
- 5 GIFT OF DESTRUCTION
- 6 LOCKING HORNS
- 7 LONE KIMONO
- 8 GLANCING SALUTE
- 9 FIVE SWORDS
- 10 BUCKLING BRANCH
- 11 SCRAPING HOOF
- 12 GRIP OF DEATH
- 13 CROSSING TALON
- 14 REPEATING MACE
- 15 SHIELDING HAMMER
- 16 STRIKING SERPENT'S HEAD
- 17 LOCKED WING
- 18 OBSCURE WING
- 19 REVERSING MACE
- 20 THRUSTING PRONGS
- 21 TWISTED TWIG
- 22 OBSCURE SWORD
- 23 RAINING CLAW
- 24 CRASHING WINGS

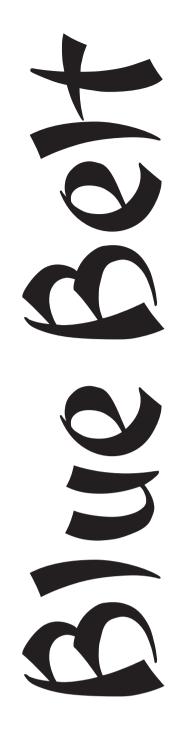
LONG FORM 4
STRIKING SET 2

- 1 CLUTCHING FEATHERS
- 2 TRIGGERED SALUTE
- 3 DANCE OF DEATH
- 4 THRUSTING SALUTE
- 5 GIFT OF DESTRUCTION
- 6 LOCKING HORNS
- 7 LONE KIMONO
- 8 GLANCING SALUTE
- 9 FIVE SWORDS
- 10 BUCKLING BRANCH
- 11 SCRAPING HOOF
- 12 GRIP OF DEATH
- 13 CROSSING TALON
- 14 REPEATING MACE
- 15 SHIELDING HAMMER
- 16 STRIKING SERPENT'S HEAD
- 17 LOCKED WING
- 18 OBSCURE WING
- 19 REVERSING MACE
- 20 THRUSTING PRONGS
- 21 TWISTED TWIG
- 22 OBSCURE SWORD
- 23 RAINING CLAW
- 24 CRASHING WINGS



OWN FORM 5 TECHNIQUES SHORT FORM 2 STANCE SET 1 COORDINATION SET 1

- 1 TWIRLING WINGS
- 2 SNAPPING TWIG
- 3 LEAPING CRANE
- 4 SWINGING PENDULUM
- 5 CRUSHING HAMMER
- 6 CAPTURED LEAVES
- 7 EVADING THE STORM
- 8 CHARGING RAM
- 9 PARTING WINGS
- 10 THUNDERING HAMMERS
- 11 SQUEEZING THE PEACH
- 12 CIRCLING WING
- 13 CALMING THE STORM
- 14 DARTING MACE
- 15 HOOKING WINGS
- 16 SHIELD AND SWORD
- 17 GIFT IN RETURN
- 18 BOW OF COMPULSION
- 19 OBSTRUCTING THE STORM
- 20 TWINKIMONO
- 21 SLEEPER
- 22 SPIRALING TWIG
- 23 CROSS OF DESTRUCTION
- 24 FLIGHT TO FREEDOM



OWN FORM 10 TECHNIQUES LONG FORM 2 FINGER SET 1 STRIKING SET 1

- 1 BEGGING HANDS
- 2 THRUSTING WEDGE
- 3 FLASHING WINGS
- 4 HUGGING PENDULUM
- 5 REPEATED DEVASTATION
- 6 ENTANGLED WING
- 7 DEFYING THE STORM
- 8 RAKING MACE
- 9 SNAKING TALON
- 10 SHIELD AND MACE
- 11 RETREATING PENDULUM
- 12 TRIPPING ARROW
- 13 FALLEN CROSS
- 14 RETURNING STORM
- 15 CROSSED TWIGS
- 16 TWIST OF FATE
- 17 FLASHING MACE
- 18 GIFT OF DESTINY
- 19 WINGS OF SILK
- 20 GRIPPING TALON
- 21 GATHERING CLOUDS
- 22 DESTRUCTIVE TWINS
- 23 BROKEN RAM
- 24 CIRCLING THE HORIZON

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OWN FORM 15 TECHNIQUES SHORT FORM 3 COORDINATION SET 2

- 1 OBSCURE CLAW
- 2 ENCOUNTER WITH DANGER
- 3 CIRCLING DESTRUCTION
- 4 DETOUR FROM DOOM
- 5 SQUATTING SACRIFICE
- 6 ESCAPE FROM DEATH
- 7 BRUSHING THE STORM
- 8 MENACING TWIRL
- 9 LEAP FROM DANGER
- 10 CIRCLES OF PROTECTION
- 11 CIRCLE OF DOOM
- 12 BROKEN GIFT
- 13 HEAUENLY ASCENT
- 14 CAPTURING THE STORM
- 15 CONQUERING SHIELD
- 16 TAMING THE MACE
- 17 TWIRLING SACRIFICE
- 18 CROSS OF DEATH
- 19 SECURING THE STORM
- 20 INTERCEPTING THE RAM
- 21 KNEEL OF COMPULSION
- 22 CLIPPING THE STORM
- 23 GLANCING WING
- 24 THE BACK BREAKER



OWN FORM 20 TECHNIQUES LONG FORM 3
STANCE SET 2
BLOCKING SET 2

- 1 GLANCING SPEAR
- 2 THRUST INTO DARKNESS
- 3 CIRCLING FANS
- 4 ROTATING DESTRUCTION
- 5 FALCONS OF FORCE
- 6 THE BEAR AND THE RAM
- 7 RAINING LANCE
- 8 DESPERATE FALCONS
- 9 LEAP OF DEATH
- 10 protecting fans
- 11 DECEPTIVE PANTHER
- 12 COURTING THE TIGER
- 13 GATHERING THE SNAKES
- 14 GLANCING LANCE
- 15 DOMINATING CIRCLES
- 16 DESTRUCTIVE FANS
- 17 UNFURLING CRANE
- 18 GRASPING EAGLES
- 19 PARTING OF THE SNAKES
- 20 THRUSTING LANCE
- 21 BLINDING SACRIFICE
- 22 SNAKES OF WISDOM
- 23 ENTWINED LANCE
- 24 FALLING FALCON

STAFF SET KICKING SET 2

- 1 FATAL CROSS
- 2 TWIRLING HAMMERS
- 3 DEFENSIVE CROSS
- 4 DANCE OF DARKNESS
- 5 MARRIAGE OF THE RAMS
- 6 THE RAM AND THE EAGLE
- 7 ESCAPE FROM THE STORM
- 8 CIRCLING WINDMILLS
- 9 DESTRUCTIVE KNEEL
- 10 bowing to buddha
- 11 REVERSING CIRCLES
- 12 REPRIMANDING THE BEARS
- 13 CIRCLING THE STORM
- 14 UNFOLDING THE DARK
- 15 UNWINDING PENDULUM
- 16 PIERCING LANCE
- 17 ESCAPE FROM DARKNESS
- 18 CAPTURING THE ROD
- 19 PRANCE OF THE TIGER
- 20 BROKENROD
- 21 ENTWINED MACES
- 22 DEFYING THE ROD
- 23 FATAL DEVIATION
- 24 TWISTED ROD

2 MAN SET
CLUB SET 1
FINGER SET 2
PERSONAL FORM

- 1 TWIRLING WINGS
- 2 SNAPPING TWIG
- 3 LEAPING CRANE
- 4 SWINGING PENDULUM
- 5 CRUSHING HAMMER
- 6 CAPTURED LEAVES
- 7 EVADING THE STORM
- 8 CHARGING RAM
- 9 PARTING WINGS
- 10 Thundering Hammers
- 11 SQUEEZING THE PEACH
- 12 CIRCLING WING
- 13 CALMING THE STORM
- 14 DARTING MACE
- 15 HOOKING WINGS
- 16 SHIELD AND SWORD
- 17 GIFT IN RETURN
- 18 BOW OF COMPULSION
- 19 OBSTRUCTING THE STORM
- 20 TWINKIMONO
- 21 SLEEPER
- 22 SPIRALING TWIG
- 23 CROSS OF DESTRUCTION
- 24 FLIGHT TO FREEDOM